

AI Prompt Pack for Group Work Productivity

How to Use This Pack

- Designed to save time, not replace professional judgment
- Treat all outputs as drafts
- Use de-identified information only
- Edit for context, culture, and ethics

Section 1: Planning & Design

1. Group Design Prompt Engineer

Use when: Designing a new group or course component.

Prompt:

Act as an experienced group work specialist. Help me design a complete group. Before generating anything, ask me questions one at a time about purpose, group type, population, format, length, goals, cultural considerations, and leader experience. After all questions are answered, generate a structured multi-session plan.

2. Minimum Effective Session Prompt

Use when: Time or energy is limited.

Prompt:

Act as a practical group counselor. Help me design the minimum effective session plan that meets ethical standards, supports group process, and allows responsiveness. Ask only essential questions.

Section 2: Session Improvement & Adaptation

3. Session Refinement Prompt

Use when: A session feels off but not broken.

Prompt:

Act as an experienced group counselor. Review my draft session plan and suggest small refinements, identify strengths, and anticipate group process challenges without redesigning the session.

4. Activity Adaptation Prompt

Use when: Reusing activities across contexts.

Prompt:

Act as a group work educator. Adapt this activity for a different population, format, or purpose while preserving core intent.

Section 3: Group Process & Leadership

5. Group Process Anticipation Prompt

Use when: Preparing for group dynamics.

Prompt:

Act as a group process consultant. Identify likely group process issues, early warning signs, and leader responses aligned with best practice. Focus on normal development.

6. Co-Leader Alignment Prompt

Use when: Co-leading or supervising teams.

Prompt:

Act as a facilitation coach. Generate alignment questions, role clarity prompts, and potential tension points framed collaboratively.

Section 4: Ethics, Culture & Reflection

7. Ethics & Boundaries Check Prompt

Use when: Unsure about appropriateness.

Prompt:

Act as an ethics-aware group counseling supervisor. Review the plan for ethical, cultural, and boundary considerations using reflective questions.

8. Group Debrief & Reflection Prompt

Use when: After sessions or trainings.

Prompt:

Act as a reflective practitioner. Identify themes, content vs. process issues, and questions to guide the next session.

Section 5: Teaching & Supervision

9. Practice-to-Teaching Translation Prompt

Use when: Turning practice into instruction.

Prompt:

Act as a counselor educator. Translate this experience into teaching points, discussion questions, and an experiential activity.

10. Supervision Prep Prompt

Use when: Preparing supervision.

Prompt:

Act as a group supervision consultant. Identify strengths, growth areas, and collaborative process questions without evaluative language.